

## g urugram this week

FRI MAY 17  
PAINT WITH YOUR FINGERS

Connect with your artistic side by dabbling in art using only your fingers. This finger-painting workshop conducted by art therapist Neha Bansal will teach you intricate colour-mixing techniques not achievable with brushes.

Where: Ixla, Vatika City, Sohna Road  
Time: 10.30am  
Ticket: ₹1,000

## ENTERTAINING LAUGHS

Watch comedian Jaspreet Singh take the stage to share humorous snippets from his life and surroundings. Hear the engineering graduate share his observations and anecdotes on living in a metro.

Where: Dribble Café, Moulbari Avenue, DLF Phase-3  
Time: 8.00pm  
Ticket: ₹350

SAT MAY 18  
SCIENCE MEETS FICTION

Science and fiction will come together in this three-day-long workshop where kids will engage in a variety of activities, such as writing stories, conducting scientific experiments, making slime, craftwork and suchlike.

Where: Tulip Violet, Sector 69  
Time: 11.30pm  
Ticket: ₹1,200

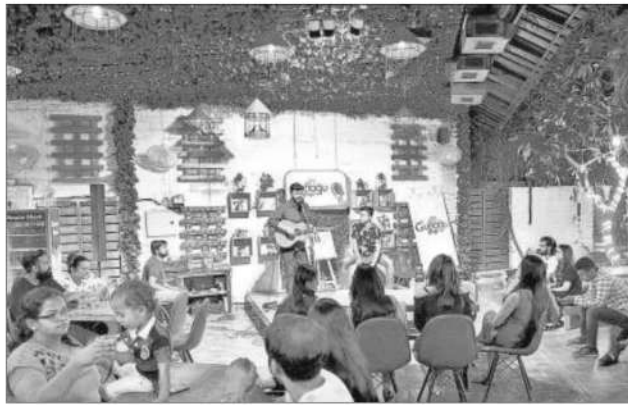
## CELEBRATE WORLD WHISKEY DAY

Raise a toast to celebrate World Whiskey Day by concocting delicious cocktails at Ramada Gurugram Central. The most unique whiskey-based cocktail recipe stands a chance to win gift vouchers worth ₹1,000.

Where: Ramada Gurugram Central  
Time: 16am  
Ticket: Free



Lovers of absinthe will get hands-on training on mixing cocktails on World Whiskey Day.



## PAINT YOUR FASHION

Kids will get a chance to take their love for art one step further by painting on their own pouches and sling bags in this fun summer art workshop.

Where: JMD Gardens, Sohna Road  
Time: 11am  
Ticket: ₹600

SUN MAY 19  
CREATING ART TOGETHER

Team up with your better half in this partner-based art workshop where two in-dividuals will create a single piece of art. The venue also offers an exhibition for art lovers who are more interested in enjoying art from a distance.

Where: World Spa West, Sector 80  
Time: 10.30am  
Ticket: ₹500 onwards

## PLANT A SAPLING

Lend a hand to add greenery to the environment by planting a sapling. Also learn about climate change and its effect on our lives at this green event in Sector 52.

Where: Butterfly Park, Sector 52  
Time: 4pm  
Ticket: Free

## TRACK CHAMP

Watch kids in Delhi-NCR take to the track in this competitive running event. Participants can choose from 3-km timed race, 3-km relay race and 1-km race.

Where: M3M Urbana, Sector 67  
Time: 6.30am onwards  
Ticket: ₹1,150

MON MAY 20  
MADHUBANI ART

Learn the intricacies of the Madhubani paintings from Bihar. Expert artists will guide you on the various motifs and colours staple to this form of art in this workshop dedicated to women and kids.

Where: Sanskriti apartment, Plot 22, Sector 56  
Time: 12pm  
Ticket: ₹1,500

## WONDERS OF SCIENCE

Kids get to learn science the fun way in this five-day-long workshop that combines scientific concepts with real life experiments. Participants will learn concepts like the sticky nature of water, properties of hot air and others.

Where: Lotus Nestling, Suncity  
Time: 10.30am  
Ticket: ₹2,500

Amandeep Singh and Yahya Boobwala will explore a myriad emotions through poetry at Outgta Café.

TUE MAY 21  
REVEL IN POETRY AND PROSE

Experience moving art performances of poetry and prose with Swarnabhoomi Academy of Music graduates, Amandeep Singh and Yahya Boobwala. The duo will combine solo and duo performances to explore feelings of anger, despair, regret, and hope.

Where: Guffaga Café, Sector 25  
Time: 7.15pm  
Ticket: ₹400

THU MAY 22  
TICKLE YOUR FUNNY BONE

Watch six comedians from Nautankibaz Improv Comedy take the stage to deliver a rib-tickling evening of fun and laughter spiced with a liberal dose of Gurugram humour.

Where: Canvas Laugh Club  
Time: 8.00pm  
Ticket: ₹200 onwards

FRI MAY 23  
TRAIN TO BECOME A PRO AT YOGA

Learn the ropes to become a trained yoga teacher from celebrated yoga instructor Masako Takahashi from Japan in this two-day-long workshop dedicated to holistic wellness for all those who are stressed.

Where: Namah Shivaya Yoga, Sushant Lok-1  
Time: 9am  
Ticket: ₹29,800

## WHAT'S HAPPENING IN DELHI

## Let music, poetry and the mythical past of ancient India overwhelm you

MAY 17  
Sarcasm tickles

Get the giggles with Kunal Kamra this election season as he takes the stage to hold up a mirror of sarcasm to the society on the state of our politics and economy.

Where: Studio Xo Bar, South Extension-2  
When: 8.30pm  
Ticket: ₹799

MAY 18  
Master strokes

Learn the Impasto technique of creating textures on canvas in this workshop as you work with knives and acrylic paints to create strokes that leave a three-dimensional impression.

Where: Studio Pepperly, Punjabi Bagh West  
When: 3.00pm  
Ticket: ₹1,700

## Sway to Lucky Ali

Groove to Bollywood singer Lucky Ali's chartbusters like Sanam, Anjani Bahau Mein, Na Tum Jano Na Hum and others in this live performance as he takes you on a musical journey heavy on nostalgia.

Where: Sirofort Auditorium, August Kranti Marg, Asian Games Village complex  
When: 8.00 pm  
Ticket: ₹3,000 onwards

MAY 19  
Learn to read art

Let the experts help you venture beyond the visual aspect of art. Learn to analyse art with the aid of psychology to decipher India's contemporary art in this special workshop with Sandeep and Ruchi.

Where: National Gallery of Modern Art, Japur House  
When: 2.00 pm  
Ticket: ₹500

MAY 20  
Bring out the poet in you

Listen to closed poets share their poetry for the first time in this open-mic event. Lend an ear and let them take you on a journey of words.

Where: Auro Kitchen and Bar, Haaz Khaz  
When: 7pm  
Ticket: Free

MAY 21  
Laugh out loud

Laugh out loud with celebrated female comedian Aditi Mittal as she shares her work-in-progress anecdotes and observations on life, patriarchy, society and living in India.

Where: Akshara Theatre, Baba Kharak Singh Marg  
When: 8.00 pm  
Ticket: ₹300

MAY 22  
Melancholic strains

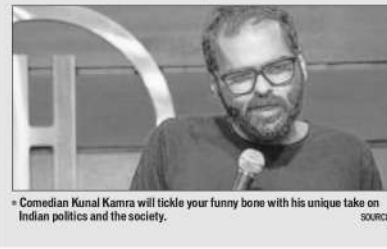
Watch 23-year-old singer Hanita Shambri take the stage to serenade you with her original compositions, which reflect on life and its melancholic turns. The corporate dropout has been composing music since she was 11.

Where: The Piano Man Jazz club  
When: 9.15 pm  
Ticket: ₹199 onwards

MAY 23  
Ballerinas take to the stage

Watch young ballet dancers embark on a journey through ancient India's mythological past as you experience drama, passion, love, betrayal through their performance.

Where: Shri Ram Centre, Safdar Hashmi Marg, Mandi House  
When: 7.00 pm  
Ticket: ₹500



Comedian Kunal Kamra will tickle your funny bone with his unique take on Indian politics and the society.

## ARTISTS' CORNER

## Vibhor Sogani's art captures the beating heart of cities

Kankana Roy Jain  
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GURUGRAM City-based installation artist Vibhor Sogani continued his journey of creating iconic art installations for cities with his latest creation, Joy, a 30-foot-tall art installation at Dubai's Creek Harbour that he completed last month. The installation is in the same area where the tallest building in the world, towering over the Burj Khalifa, is supposed to come up.

Sogani, an industrial designer from the National School of Design, Ahmedabad, is the man who is credited with creating the country's largest public installation — Sprouts, a 40-foot-high stainless steel installation spread across six acres of green land at the AIIMS (All India Institute of Medical Sciences) crossing, at the heart of Delhi in 2008. The second largest public art installation in the country, Kalpaniksha, a 35-foot-high installation of the wish-fulfilling tree in Ahmedabad, was also made by him.

Although Sogani's name has become synonymous with art installations now, they weren't his first love. In fact, designing lifestyle accessories was his first choice. Sogani launched his lifestyle accessories line in 2002. Although the products found acceptance and commercial success, the artist in him was not satisfied. Soon he started working with suspension lighting and art installations. In 2007, he showcased his art installations at the India Habitat Centre for the first time. These were products of passion and born out of the need to channelise his inner creativity. The exhibition met with success, and soon Sogani was asked to start working on his most ambitious project to date, Sprouts.

Vibhor Sogani sourced



Sogani's latest creation is a tribute to the residents of Dubai.

He recalled, "Today, I feel humbled that Sprouts has become a symbol of modern Delhi. Back then in 2008, the brief given to me by the former chief minister Sheila Dixit was to make an installation that transforms Delhi's image from a walled city to a world city." Sprouts is a metaphor for that growing Delhi — a city sprouting to a new life, dreaming with the dreams and aspirations of its millions.

Sogani won the Indian Art Icon of the year in 2014 in Singapore and continued to work on various private works. In 2015, when the country was celebrating 100 years of Mahatma Gandhi's homecoming to India from South Africa, he created a

series of installations on the Mahatma and his life, called Mahatma in Me, which were showcased at Mahatma Mandir in Gujarat.

The exhibition drew international interest and since then has been exhibited in the national museums of Australia, Zimbabwe and Tanzania. Sogani said that public art works give artists a creative high like no other because of the visibility they invite, the reactions they evoke.

Sogani concluded, "Public art works are very complicated, but one day, I hope I will be able to make a grand public art installation for my city, Gurugram."



The singer will perform at Excelior American School on May 17.

## UJJWAL NAGAR GIVES A WESTERN TWIST TO CLASSICAL TUNES

It's not unusual to hear classical singing amid the tunes and notes of taanpura and harmonium. But what happens when classical vocals are set against sounds of keyboard, drums, guitar and flute? The Ujjwal Nagar project concert, which will be taking place in the city on Friday evening, will be an amalgamation of the sounds of the East and the West, a rendition of classical vocals accompanied by contemporary western music.

Vocalist Ujjwal Nagar, who has been trained by gurus of different musical gharanas (schools), will sing classical Hindustani songs, which have strong influences of Gwalior, Sikar and Patiala gharanas. He will be accompanied by Gaurav Chintamani on bass and electric guitar, Rohit Prasanna on the flute, Anil Chavla on the keyboard and Tarit Pal on the tabla.

The performance will include unique compositions and ingenious sounds that marry Hindustani notes with western sensibilities. Nagar, who is also the founder of Delhi-based fusion band Advaita, on the ingeniousness of the music ensemble, said, "For me, music is music. I don't understand these terms classical, modern, and contemporary. I understand good music and respect my art. Collaborating with such talented musicians is a great opportunity for me. We will surely produce some wonderful music on stage for Gurugram audiences."

While original fusion compositions and engaging musical exchanges will be the highlight of the evening, Nagar will also be singing some traditional classical thumris, chota khayals and folk compositions for the audiences. The event will be held at Excelior American School at 7.00 pm with tickets priced at ₹499 and free entry for children below 12 years of age.

KANKANA ROY JAIN

## THE RECIPE

## Beat the summer heat with delightful morsels of mangoey goodness

**SUMMER DELIGHT** The hot season calls for enjoying mangoes in all their glory. This parfait combines delicious custard, whipped cream and pulpy, ripe mangoes, and makes for the perfect snack. Each mouthful is an explosion of flavours

## MANGO CUSTARD PARFAIT



## INGREDIENTS

- 1 ripe mango
- 10 tablespoons of white sugar
- 1 tablespoon of brown sugar for garnishing
- 1 packet of custard powder
- 1 litre full-cream milk
- 4 pieces of brown bread
- 3 tablespoons of mango juice
- 4 tablespoons of lightly whipped cream

## METHOD

- Cut the brown bread in pieces. These will be used for layering.
- Drizzle mango juice on cut brown bread pieces and let them sit for 15 minutes.
- Take a pan, add room-temperature milk and heat till bubbles appear on side of the pan. Add sugar and keep stirring.
- In a small bowl take a few tablespoons of the warm milk and mix the mango custard powder to create a paste.
- Stir this paste into the milk over heat and let the milk thicken over medium flame. Stir continuously.

- When more bubbles appear, stir more vigorously till the milk develops that goopy consistency and becomes custard.
- Set the mixture aside to cool.
- Peel a mango and dice it to pieces. Add them to a blender and turn them into puree.
- Add a layer of custard at the base of the glass. Let it sit in the freezer for 10 minutes. Add a tablespoon of mango puree and top it with juice-soaked bread.
- Repeat this layering till you cover three-fourths of the glass. Add whipped cream on top and freeze for 20 minutes.
- Before serving, add diced mango pieces on top and sprinkle with brown sugar.

